



Cards on Wheels

Dear Neighbors,

My name is Remington and I have started volunteer work with the South Weymouth Meals on Wheels. If you are unfamiliar with the Meals on Wheels Organization here is a little background information: *Meals on Wheels America is an organization supporting more than 5,000 community-based programs across the country. The program serves to address senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity.*

For my affiliation with the organization, I pack the meals in the mornings at the South Weymouth location for local volunteers to pick up and deliver before lunch. On my days off from school, I also travel with a volunteer to personally deliver meals to the seniors.

In my experience, the best part of the delivery process for the seniors is seeing a friendly face and sharing a few words or even a friendly conversation. Many of the seniors are living alone and love to have visitors. I have made some wonderful connections and new friends in my volunteer experience. To further put a smile on the faces of the local seniors, I decided to gather community involvement to write a friendly message on a greeting card for the major United States holidays.

Here is where I am seeking your help. If you could write six friendly notes on the cards I will provide you, I will personally gather the notes and deliver to the South Weymouth seniors as part of their meal delivery on the specific holiday. I will drop the cards off at your home and will pick up the following week, just leave them on your porch. All you have to do is fill put the cards with a friendly message, you can sign your name or leave it anonymous. Please do not seal the envelope, as I sometimes include a treat inside each.

I very much appreciate your help in my endeavor to bring a smile to the faces of local seniors.

Yours Sincerely,

Remington Rokoszewski